Okay. so the question says theres 0 pressure potential. So that means there’s no force acting on the solution
EXCEPT osmotic pressure (solute potential).

so look at your lab results. when did your results stop moving? at this point, an equilibrium is reached. use the value for the molar concentration of the potato cores to determine the water potential for the potato cells.

how?

This formula:

Solute potential = –iCRT

i = The number of particles the molecule will make in water; for NaCl this would be 2; for sucrose or glucose, this number is 1
C = Molar concentration (from your experimental data)
R = Pressure constant = 0.0831 liter bar/mole K
T = Temperature in degrees Kelvin = 273 + °C of solution